



THE UNIVERSITY OF
MELBOURNE

Department of General Practice & Primary Care
Melbourne Medical School

GooD4Mum invitation

Optimised care for women with past gestational diabetes mellitus (GDM)



A general practice quality improvement collaborative for diabetes prevention

The GooD4Mum trial offers free, remotely-delivered quality improvement training for clinicians and staff to increase skills and capacity to prevent chronic illness and promote behavioural change.

Why get involved?

50% of women with a history of GDM will develop Type 2 diabetes and they are up to 10 times more likely to develop diabetes than other women.

Mothers may prioritise the health of their family instead of themselves. Complications associated with diabetes can be enormous and prevention is key.

GooD4Mum can help general practices to streamline identification and management of women who have had GDM. It weaves quality improvement into practice workflow and provides value to staff, clinicians and communities.

Practice eligibility

- One or more GPs and a practice nurse willing to participate
- Use Medical Director or Best Practice
- Nominate a Practice Champion to encourage staff participation
- Will share de-identified data with researchers for trial evaluation
- Located in Victoria, Australia

About us

GooD4Mum is being undertaken by researchers from Monash, Melbourne and Deakin universities and other organisations. It is funded by a NHMRC partnership grant and co-funded by Diabetes Australia and the Australian Government Department of Health.

Reimbursement

\$1000 available to each participating practice.

Benefits

Streamlined identification, recall and optimised management of mothers at risk of developing diabetes

Free quality improvement education & activities associated with CPD points

Peer-to-peer and peer-to-expert support

Free access to Future Health Today digital QI platform

Improved practice outcomes

Gift vouchers for staff who provide evaluation feedback

Interested?

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