

# What matters to you about heart health?



## [Link to survey](#)



We invite **midlife women aged 45-60 years** to complete a 20-minute online survey about their needs for heart health.

Use the link or QR code to find out more.

Approved by Monash University Ethics committee.

Project 39841

# What matters to you about heart health?



We invite **midlife women aged 45-60 years without heart disease** to take part in a 30-minute interview about their needs for heart health. To find out more, email: **[askhearthealth@monash.edu](mailto:askhearthealth@monash.edu)**