

ASK PCOS RESOURCES

FOUR YEAR

IMPACT ANALYSIS

2018 – 2022

PCOS Guideline

92k views
46k downloads



GP Tool

5k views
1.5k downloads



Consumer Booklet

2.5k views
1.7k downloads



PCOS Infographics



Emotional Well-being



Fertility and Pregnancy



Lifestyle

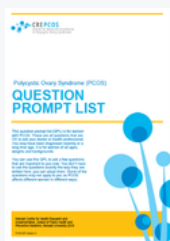


Treatment

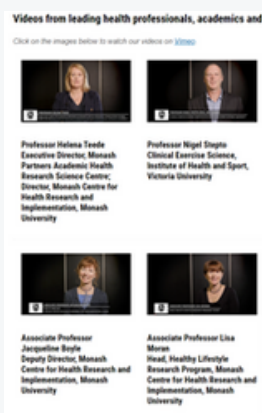
8.6k
downloads

Question Prompt List

1.4k views
800 downloads



Resources
for Women
with PCOS
incl. videos
and
podcasts
13k visits



PCOS Clinic
1.3k downloads



"What is PCOS?" animation



"I understand PCOS better
after watching this
animation"

"I wish I had seen this
when I was diagnosed
with PCOS"

"I liked how simple this was.
It was really easy to
understand."

"Everyone with PCOS should watch this."



Let's talk
about PCOS
webinar

Interactive webinar with
keynote speakers and Q&A
session

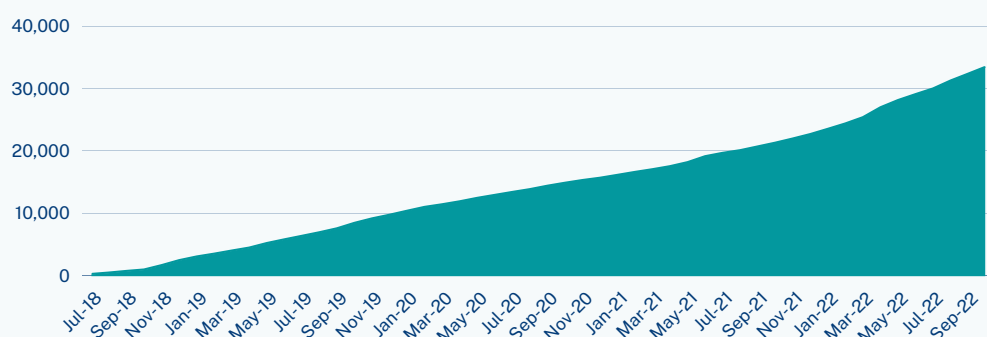


ASK PCOS APP IMPACT ANALYSIS

2018 – 2022

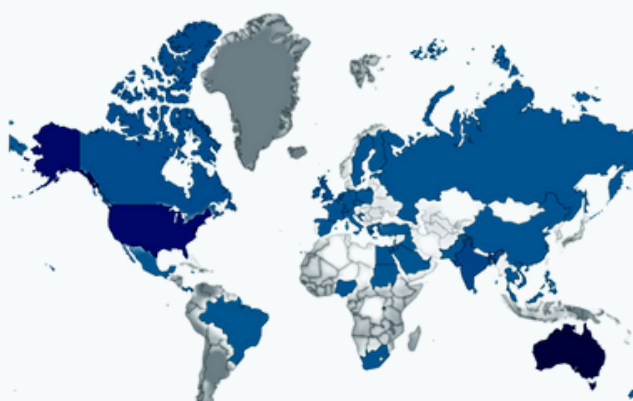
33k App users and 10.6k registered users

The number of women using the AskPCOS app increases steadily.



Used in 183 countries

The AskPCOS app is used in 183 countries, with the majority located in Australia (29%) followed by the United States (21%), Netherlands (9%), the UK (7%) and India (6%)

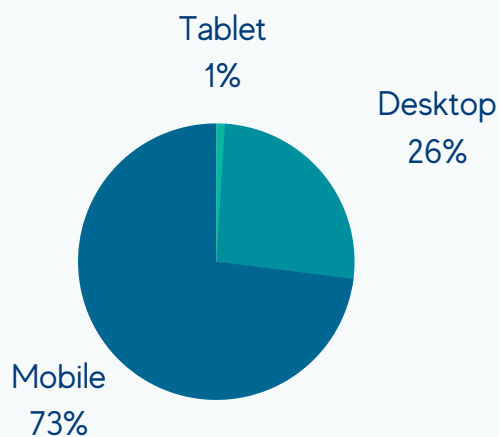


Topics of interest

1. My Dashboard
2. Topics/Causes, Diagnosis and Symptoms
3. Lifestyle
4. Topics/Management and Treatment
5. PCOS and diet

Mobile vs Desktop use

The App is used on mobile and large screens, with a split of 26% vs 73% on mobile.



The App is available via your usual browser or the Apple and Google App store

www.askpcos.org



New features and updates 2022

- We created a discussion forum for women to discuss relevant topics within the growing AskPCOS community
- A symptoms analysis feature to analyse tracked symptoms. We developed this feature to facilitate and support women when discussing their symptoms with health professionals
- All factsheets are now also available in Arabic, Simplified Chinese and Spanish
- We added a new factsheet "PCOS and psychological well-being"

